



# Tara Plaza MARCH 2020 Group Fitness Schedule

**Sun:** Opens at 8:00 am **Mon:** Open 24 hours **Tues:** Open 24 hours **Wed:** Open 24 hours **Thurs:** Open 24 hours **Fri:** Open until 9:00 pm **Sat:** 6:00 am - 6:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>5:15 AM</b> <b>GENESIS 6S Strength 30</b> (Group X Studio)	<b>8:20 AM</b> <b>Boot Camp 45</b> (Group X Studio)	<b>5:45 AM</b> <b>GENESIS Core 4</b> (Group X Studio)	<b>10:00 AM</b> <b>GENESIS Simply Stretch 30</b> (Group X Studio)		
	<b>5:45 AM</b> <b>GENESIS Core 4</b> (Group X Studio)		<b>4:30 PM</b> <b>Cycle 45</b> (Cycle)			
	<b>9:05 AM</b> <b>Cycle 45</b> (Cycle)					