



Overland Park MARCH 2020 Group Fitness Schedule

Sun: 8:00 am - 8:00 pm Mon: 5:00 am - 11:00 pm Tues: 5:00 am - 11:00 pm Wed: 5:00 am - 11:00 pm Thurs: 5:00 am - 11:00 pm Fri: 5:00 am - 10:00 pm Sat: 7:00 am - 8:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:00 AM Kids On The Move (Mind Body)		12:00 PM Pilates Fusion (Mind Body)		10:30 AM Genesis Simply Stretch 45 (Mind Body)		
		6:00 PM Barre 45 (Mind Body)		6:00 PM Pilates Mat 45 (Mind Body)		
				6:30 PM POUND® 30 (Studio A)		
				7:00 PM Zumba® 30 (Studio A)		