



Ward Parkway MARCH 2020 Group Fitness Schedule

Sun: Opens at 7:00 am **Mon:** Open 24 hours **Tues:** Open 24 hours **Wed:** Open 24 hours **Thurs:** Open 24 hours **Fri:** Open until 9:00 pm **Sat:** 7:00 am - 9:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				10:00 AM Barre 60 (Group X Studio)		
				10:00 AM Barre Above® 45 (Group X Studio)		