



4 SESSIONS/  
\$28

30-MINUTE SESSION.  
(Ages: 3yrs-6yrs)

## BEGINNING SWIM Lil' GATORS

## ~LESSONS~

**Lil' GATORS** is a beginner-level class that helps acclimate **BOTH NEW SWIMMERS** and those that might be **FEARFUL of the WATER**. Lil' Gators will learn both forward movement, self balance, hybrid strokes.

**TUES/THURS: 8:30AM | 5:00PM | SAT: 11:00AM**



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(Ages: 5yrs-13yrs)

## INTERMEDIATE SWIM STINGRAYS

**STINGRAYS** is designed to focus on developing **LIFE-SAVING SKILLS** while learning new strokes. In this class, the student will learn **FREESTYLE, BACKSTROKE and BREASTROKE** as well as build on their endurance.. **30-MINUTE SESSION**.

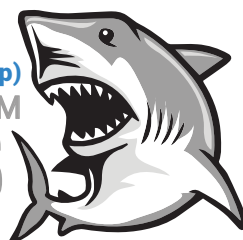
**TUES/THURS: 10:30AM | 6:00PM | SAT: 11:00AM**

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(Ages: 7 & up)

## JUNIOR SWIM TEAM SHARKS

45-MINUTE SESSION



## ~TEAMS~

**SHARKS** is focused on **STROKE TECHNIQUE** and **DEVELOPMENT** as well as **ENDURANCE**. This class is also offered year round for those interested in joining a swim team, or those who need to stay fit during the off season.

**TUES/THURS: 4:00PM | SAT: 10:00AM**

**SPACE is LIMITED. REGISTER NOW!! (417) 883-6105**