



# Tennis

January – May 2022



## Tennis General Information

### Summer Indoor Hourly Court Rates

\$29/Hour

Tennis Member Only

### Reservations

Tennis court reservations are available 6 days in advance. Tennis members must reserve a court in order to play. Court reservations can be made for a maximum of two hours and two courts at one time. Pre-payment for indoor court reservation is required. A 24-hour cancellation policy will be enforced.

### Outdoor Courts

Outdoor court reservations are free of charge to Genesis Miramont Tennis Members.

### Ball Machine Rental Fees

Outdoor courts      \$5/hour

Indoor courts      Standard indoor court fees apply

### Racquet Repair

Re-stringing and re-gripping services are available. Fill out a repair request at the South Front Desk.

### Demo Racquets

Our tennis pros can assist you with using our demo racquets.

## Junior Tennis

From Tiny Tots to varsity high school players, our certified tennis professionals will teach the fundamentals of the game while engaged participants work hard and have fun in an energizing environment. We welcome Non-Members.

### Session Dates

<b>Session 4</b>	<b>January 10 – February 20</b>
<b>Session 5</b>	<b>February 21 – April 10 (No classes March 14 – March 20)</b>
<b>Session 6</b>	<b>April 11 – May 22</b>

## Registration

- Pre-registration (available to those currently taking the class) will begin two weeks prior to the next session starting. Open registration will open one week prior, on Monday, at 8:30am for walk-ins and 9:00am over the phone.
- A minimum of three participants is required. Programs are subject to change based on enrollment.

## Private Tennis Lessons

	60 minute	Series of Five	90 Minute	Series of Five
1 Person	\$72	\$350	\$108	\$530
2 People	\$40/person	\$190/person	\$60	\$290
3 People	\$28/person	\$130/person	\$42	\$200
4 - 5 People	\$23/person	\$105/person	\$35	\$165
6+ People	\$21/person	\$95/person	\$32	\$150

## Junior Development

Genesis Miramont tennis supports the USTA's Net Generation approach to junior player development. The Net Generation approach utilizes a progression of age and size-appropriate racquets, types of balls, and court sizes to help young kids develop better technique and achieve greater success while having fun!



### **Tiny Tots: 36' Court, Red Ball, Ages 4-5**

Introduce your kids to the game of tennis in a fun and positive environment. No prior experience is required to participate in this class. Players will work on developing a variety of athletic skills and the basic fundamentals of the game.

Day / Time	Saturday	10:00am – 10:30am
Cost/Session	Tennis Member	Non-Tennis Member
	\$75	\$105

### **10's Beginner: 36' Court, Red Ball, Ages 6-10**

This class is for the 6 to 10-year-old relatively new to the game and designed to help teach fundamental tennis strokes, as well as introduce rallying and point play. No prior experience is necessary to participate.

Day / Time	Wednesday	4:00pm – 5:00pm
	OR	
	Saturday	10:30am – 11:30am
Cost/Session	Tennis Member	Non-Tennis Member
	\$108	\$138

### **10's Intermediate: 36' Court, Red Ball, Ages 6-10**

This class is designed for the 6 to 10-year-old player who understands the basic tennis mechanics using the forehand and backhand and is capable of participating in a ten-ball rally with another child on the 36' court. Players will continue to work on the mechanics for groundstrokes, volleys, and serves, as well as consistency and control in rally and point play scenarios.

Day / Time	Wednesday	4:00pm – 5:30pm
	OR	
	Saturday	10:00am – 11:30am
Cost/Session	Tennis Member	Non-Tennis Member
	\$165	\$195



### **10's Advanced: 60' Court, Orange Ball, Ages 6-10**

For the 6 to 10-year-old player who has sufficient experience on the 36' court. Players should have the basic mechanics down for groundstrokes, volleys, and serves and be able to display control and directional intent with these shots. Players can maintain a ten-ball rally and play points on the 60' court. Participants will continue to develop a variety of shots and will gain experience using them in point play scenarios.

Day / Time      Wednesday 4:00pm – 5:30pm

OR

Saturday 10:00am – 11:30am

Cost/Session	Tennis Member	Non-Tennis Member
	\$165	\$195

### **12's Beginner: 78' Court (full size), Green Ball, Ages 11 – 12**

This class is for the beginner to intermediate 11-to-12-year-old player. No experience is necessary to participate. Players will work on stroke production, movement, rally skills, and point play.

Day / Time              Wednesday              4:00pm – 5:30pm

OR

Saturday              10:00am – 11:30am

Cost/Session	Tennis Member	Non-Tennis Member
	\$165	\$195

### **12's Intermediate/Advanced: 78' Court (full size), Green Ball, Ages 11 – 12**

Intended for the 11-to-12-year-old player who is comfortable with basic tennis strokes and able to display control, consistency, and directional intent. Prior match play experience is recommended.

Day / Time	Wednesday	4:00pm – 5:30pm
	OR	
	Saturday	10:00am – 11:30am
Cost/Session	Tennis Member	Non-Tennis Member
	\$165	\$195

### **17's Beginner: 78' Court (full size), Green or Yellow Ball, Ages 13 – 17**

Intended for the 13 – 17-year-old player relatively new to the sport. Players will learn the fundamentals of the game and will improve the skills necessary to participate in match-play situations. Stroke production, rally skills, and point play will be emphasized.

Day / Time	Saturday	11:30am – 1:00pm
Cost/Session	Tennis Member	Non-Tennis Member
	\$165	\$195

### **Challengers**

This group is designed for the intermediate to advanced middle-school player who is comfortable with all the basic strokes and able to display control, consistency, and directional intent. Participants will continue to develop their strokes, footwork, and point-play skills as they prepare for their middle-school tennis seasons and tournament play.

Days / Times	Tuesday / Friday	4:00pm - 5:30pm
	Sunday Match Play	12:00pm – 1:30pm or 6:00pm – 7:30pm (schedule will be provided)
Cost	Tennis Member	Non-Tennis Member
	\$350	\$410

### **Grand Slam**

Designed for the intermediate to advanced high-school player, participants should be competent with all the basic strokes and be able to display control, consistency, and directional

intent. A variety of drills will be used to teach and prepare students for their high-school tennis seasons and tournament play.

Days / Times	Monday / Thursday	4:30pm – 6:00pm
	Sunday Match Play	1:30pm – 3:00pm
Cost	Tennis Member	Non-Tennis Member
	\$350	\$410



Session 2 House Cup Champions: House Yeti!



## Adult Tennis

The adult tennis program at Genesis Miramont South offers a wide variety of classes designed to energize and inspire your tennis game. Open to players of all ability levels, our certified tennis professionals will focus on fundamentals, technique, and strategy for both singles and doubles to help raise your game to the next level while having fun!

### Session Dates

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### Registration

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## Drill & Play

Experience instruction, drills, and point play. Limited to participants' NTRP Level.

Level	Day	Time
2.0/2.5	Wednesday	12:00pm – 1:00pm (*1-hour class: \$114/session)
2.0/2.5	Friday	5:30pm – 7:00pm
2.5/3.0	Monday	9:30am – 11:00am
2.5/3.0	Wednesday	9:00am – 10:30am
3.0	Saturday	11:30am- 1:00pm
3.0/3.5	Thursday	10:30am – 12:00pm
3.0/3.5	Thursday	12:00pm – 1:30pm
3.5	Wednesday	1:00pm – 2:30pm
3.5	Saturday	1:00pm – 2:30pm
3.5/4.0	Friday	12:00pm – 1:30pm
4.0	Wednesday	10:30am – 12:00pm
4.0/4.5	Friday	12:00pm – 1:30pm
4.0/4.5	Friday	1:30pm – 3:00pm
3.5+M/4.0+W	Saturday	2:30pm – 4:00pm
<b>Cost</b>	<b>\$165</b>	

## Match Play

Focus on singles and/or doubles tactics in a match-play situation. Registration limited to participants' NTRP Level.

Level	Day	Time
3.5	Monday	12:30pm – 2:00pm
3.5/4.0 (Singles)	Thursday	1:30pm – 3:00pm

  

<b>Cost/Session</b>	\$183
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## Flex Tennis

Our Flex classes allow for members to register for each class individually, as opposed to a multiple-week session.

### Early Bird

Get up with the sun and enjoy drills and point play before your work-day begins.

Level	Day	Time
3.0 /3.5	Tuesday	6:00am – 7:30am
4.0/4.5	Friday	6:00am – 7:30am
<b>Cost</b>	\$23 / class	

### Prime-Time Wednesdays

Come out for some evening point play! Classes will alternate levels weekly between 3.0/3.5 and 4.0+.

Level	Dates	Time
3.0 /3.5	Jan 5, 19	7:00pm – 8:30pm
	Feb 2, 16	
	Mar 2, 23	
	Apr 6	
4.0+	Jan 12, 26	7:00pm – 8:30pm
	Feb 9, 23	
	Mar 9, 30	
	April 13	
<b>Cost</b>	\$23 / class	

### **Rapid Fire**

A combination of feeding and point-play drills to get players moving and provide a great workout! Open to all levels.

<b>Day</b>	<b>Time</b>
Wednesday	12:00pm – 1:00pm
Friday	8:00am – 9:00am
<b>Cost</b>	\$19 / class

### **Cardio Tennis**

A fitness class in which orange balls will be used to provide a fun and high-energy workout! Open to all levels.

<b>Day</b>	<b>Time</b>
Thursday	12:00pm – 1:00pm
Saturday	11:30am – 12:30am
Sunday	10:00am – 11:00am
<b>Cost</b>	\$19 / class

### **Grip and Rip**

A fast-paced, king-of-the-court game! Open to all levels.

<b>Day</b>	<b>Time</b>
Tuesday	7:00pm – 8:00pm
<b>Cost</b>	\$19 / class

### **Fall 2022 In-House League Registration**

Registration for Fall 2022 leagues will begin Monday, July 3<sup>rd</sup> and end on Friday, July 22<sup>nd</sup>. Leagues begin the week of Monday, August 21<sup>st</sup>.

Registration is online only and links will be provided through the Monthly Tennis Happenings Newsletter email. If you would like to be added to the email list or have questions, contact Linda Smith at [lsmith@genesishealthclubs.com](mailto:lsmith@genesishealthclubs.com).

## Meet Our Staff



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