



• **MIGHTY** •
adventure camp
Seek the Adventure
2019



“I enjoyed doing things I have never done in my
wildest imagination”

– Mighty Adventure Camp participant





“Mighty Adventure Camp is a great chance to make new **friends**, **try** new things, and **learn** new things.”

- Mighty Adventure Camp participant



Our Purpose

At Mighty Adventure Camp, we strive to take the hassle and guilt out of your summer planning. Our goal is to create an enriching summer camp experience packed with fun-filled days that your young adventurer will be stoked to be a part of. Avoid a long, boring summer at home and join the Mighty Camp Family!

Our Heart

At Genesis Health Clubs, we love working with kids! As our kids become young adults, we want to continue to grow with them and challenge them. Mighty Adventure Camp gives us that opportunity to engage with older youth outside the walls of our health clubs! We build a community of inspired young outdoor enthusiasts who, as leaders, possess the tools, skills, and experience necessary to make sound decisions.

We believe that dynamic wilderness experiences have the ability to change lives and leave lasting impressions. As facilitators, we love witnessing positive growth and changes in our participants, and we know that the power of their outdoor experience is more impactful than we could ever be. Our first priority is always safety. The activities that we enjoy do not come without risk, but we let our adventurers take on appropriate challenges when they're ready. An incredible thing happens when we educate kids about risks and what we can do to manage them. They gain exposure to more complex decision-making and become empowered to tackle bigger obstacles that we believe translates to being capable of assessing risky situations in their own lives. We believe in the power of experiential learning, and deliver an experience that can help kids grow. We produce leaders who discover a greater sense of responsibility for themselves, their communities, and our planet.

“

I learned that I can be a leader no matter what and that

I love being outdoors.”

- Mighty Adventure Camp participant

Junior Adventure

Ages 8 - 10

Junior Adventure is designed for our youngest adventurers. We stay mostly local, enjoying days at the park, small hikes, tubing and playing in the river, learning about nature and more! If your child loves to be outside and enjoys exploring and learning, Junior Adventure would be a perfect fit.



Excursions

Ages 10 - 12

The goal of the excursion program is to foster an appreciation for the outdoors and an excitement for spending time in nature. In the excursion program we hike, play in parks, enjoy nature activities, and take a different field trip every week. Some of our field trip locations include the Denver Zoo, ziplining, and Elitch Gardens! This program is ideal for young adults who are just developing a curiosity for the outdoors.

Multi-Adventure Challenge (MACH)

Ages 10 - 14

MACH produces personal growth in campers by inviting them to step outside of their comfort zone in an adventurous outdoor environment. Campers gain leadership skills through epic outdoor activities such as high ropes courses, hiking, stand-up paddle boarding, outdoor cooking and more! If your child is ready to take the adventure to the next level MACH may be a great fit!



H2O Yeah! **Ages 12 - 14**

Camper loves water? We have you covered. Each day in this program we go on a new water adventure! Stand-up paddle boarding, canoeing, tubing, beach days, fishing and more! If your outdoor enthusiast can't get enough of the water during the hot summer days, this program is for them.



First Ascent

Ages 12 - 14

This program is made for our rock enthusiasts! The goal of this program is to build climbing levels through a focus on technique and strength conservation. We go WAY more in-depth with climbing, belay skills, knot tying, and anchor building. Participants will learn more about what goes into facilitating their own climbing experience and the systems that keep them safe.



First Ascent Overnight

Ages 12 - 14

Our First Ascent Overnight program is brand new this year! This program is built to truly take your child's climbing experience to new heights. As an overnight experience we can go farther, explore new routes, and further refine our skills. The adventure continues with outdoor cooking in the evening, and an amazing camping experience.



Backpacking 101

Ages 12 - 14

Has your young adventurer ever wondered what it's like to camp beyond the designated pull in site? In Backpacking 101 we will equip them with the skills to pack lite, trek hard, and adventure safely. In this 101 course we will cover all the backpacking basics of packing a pack, navigating trails, setting up camp, and cooking with minimal gear.

Backpacking Expedition

Ages 12 - 14

An unforgettable experience for the veteran backpackers. The goal of our Backpacking Expedition program is to take the overnight experience to the next level. Participants in this program will embark on an adventure of backcountry backpacking, cooking, and exploring the Rocky Mountain wilderness. Participants must have previous experience on long hikes (5+ miles), must be in good physical condition, and must have appropriate equipment for the adventure.

EPIC Rocky Mountain Adventure (ERMA)

Ages 12 - 14

This is our new EPIC Adventure program! Two full weeks of hitting the road on real Colorado adventure full of camping and enjoying what the beautiful Rocky Mountains have to offer. Your camper will experience everything from front country camping, canoeing, and fishing to backcountry backpacking, rock climbing, and more! If your child is ready to truly experience the Colorado Summer Adventure of a lifetime, this is the program is for them.



Our Summer Schedule

	MACH 1	Excursion	MACH 2	H20Yeah!
Mon	Hiking	Day at the Park	Hiking	Canoeing
Tue	SUP	Neature Day	Day at the Beach	Fishing
Wed	Fishing	Fort Fun	SUP	SUP
Thurs	TR Rock Climbing	SUP	High Ropes Course	River Tubing
Fri	Day at the Beach	Big Adventure - Bouldering	TR Rock Climbing	Day at the Beach
	MACH 1	Junior Adventure	MACH 2	First Ascent
Mon	Finding Forrest Adventure	River Tubing	Service Project	TR Rock Climbing
Tue	High Ropes Course	Hiking	Hiking	River Tubing
Wed	Hiking	Neature Day	Canoeing	TR Rock Climbing
Thurs	Canoeing	Lee Martinez Farm	Ziplining	Hiking
Fri	Day at the Beach	Day at the Beach	Day at the Beach	Bouldering
	MACH 1	Excursion	MACH 2	H20Yeah!
Mon	SUP	Neature Day	Hiking	Fishing
Tue	Hiking	Bowling at Chippets	SUP	Day at the Beach
Wed	Day at the Beach	Day at the Park	Trap Shooting	Canoeing
Thurs	Service Project	Canoeing	Survival Skills	River Tubing
Fri	Archery and BB Guns	Big Adventure - Rappelling	TR Rock Climbing	SUP
	Junior Adventure	Excursion	MACH 2	First Ascent Overnight
Mon	Day at the Park	Trip to the Zoo	Hiking	
Tue	Day at the Beach	Finding Adventure	Service Project	TR Climbing and Camping
Wed	River Tubing	SUP	Day at the Beach	TR Climbing and Camping
Thurs	Hiking	Service Project	Canoeing	TR Climbing and Return
Fri	Neature Day	Big Adventure - Hiking	Ziplining	
	MACH 1	Excursion	MACH 2	H20Yeah!
Mon	Hiking	SUP	Fishing	Day at the Beach
Tue	Fishing	Day at the Park	SUP	River Tubing
Wed	Day at the Beach	Cheyenne Gardens	Day at the Beach	SUP
Thurs	July 4 - no camp	July 4 - no camp	July 4 - no camp	July 4 - no camp
Fri	TR Rock Climbing	Big Adventure - Fishing	TR Rock Climbing	Canoeing

June
3 - 7

June
10 - 14

June
17 - 21

June
24 - 28

July
1 - 5

KEY: TR Rock Climbing | Top Rope Rock Climbing SUP | Stand Up Paddleboarding

	MACH 1	Excursion	MACH 2	ERMA
Mon	Service Project	Canoeing	High Ropes Course	Team Building
Tue	Hiking	IMAX Movie	Canoeing	Backpacking
Wed	High Ropes Course	Nature Day	Service Project	Backpacking
Thurs	Canoeing	Service Project	Hiking	SUP
Fri	Survival Skills	Big Adventure - Hiking	Nature Day	Hiking
	MACH 1	Excursion	MACH 2	ERMA
Mon	Hiking	Day at the Park	SUP	Rock Climbing
Tue	SUP	SUP	Hiking	Rock Climbing
Wed	Hiking	High Ropes Course	Fishing	Camping
Thurs	Ziplining	Nature Day	Hiking	Hiking
Fri	Day at the Beach	Big Adventure - Beach Day	Survival Skills	Trap Shooting
	MACH 1	Excursion	MACH 2	Backpacking 101
Mon	Finding Adventure	Finding Adventure	Service Project	
Tue	Archery and BB Guns	Fly High Trampoline Park	Trap Shooting	Depart for Camping
Wed	Hiking	Service Project	SUP	Camping and Hiking
Thurs	Service Project	Canoeing	Hiking	Hiking and Return Home
Fri	SUP	Big Adventure - River Tubing	Finding Adventure	
	MACH 1	Excursion	MACH 2	Backpacking Expedition
Mon	Hiking	Canoeing	Hiking	
Tue	Day at the Beach	Day at the Park	Canoeing	Depart for Camp
Wed	High Ropes Course	Nature Day	Ziplining	Day of Backpacking
Thurs	Canoeing	Elitch Water Park	TR Rock Climbing	Hiking and Return Home
Fri	TR Rock Climbing	Big Adventure - Hiking	Day at the Beach	
	MACH 1	Excursion	Junior Adventure	H20Yeah!
Mon	Service Project	Finding Adventure	River Tubing	Canoeing
Tue	Fishing	Service Project	Nature Day	Stand Up Paddleboarding
Wed	Day at the Beach	Ziplining	Day at the Beach	Fishing
Thurs	Hiking	Day at the Park	Hiking	River Tubing
Fri	Survival Skills	Big Adventure - Hiking	Day at the Park	Day at the Beach

July
8 - 12

July
15 - 19

July
22 - 26

July 29
-
Aug 2

Aug
5 - 9



“ I would just really like to say...nothing because
this camp is just **so good**
I don't need to say anything. ”

- Mighty Adventure Camp participant

Program Pricing

Program	Member	Non-Member
Junior Adventure	\$255	\$270
Excursion	\$335	\$350
MACH	\$360	\$375
H2O Yeah!	\$310	\$325
First Ascent	\$253	\$268
First Ascent Overnight	\$420	\$435
Backpacking 101	\$405	\$420
Backpacking Expedition	\$405	\$420
EPIC Rocky Mtn Adventure	\$1680	\$1710

Required \$50 registration fee includes program t-shirt, water bottle, and hat.

Program Details

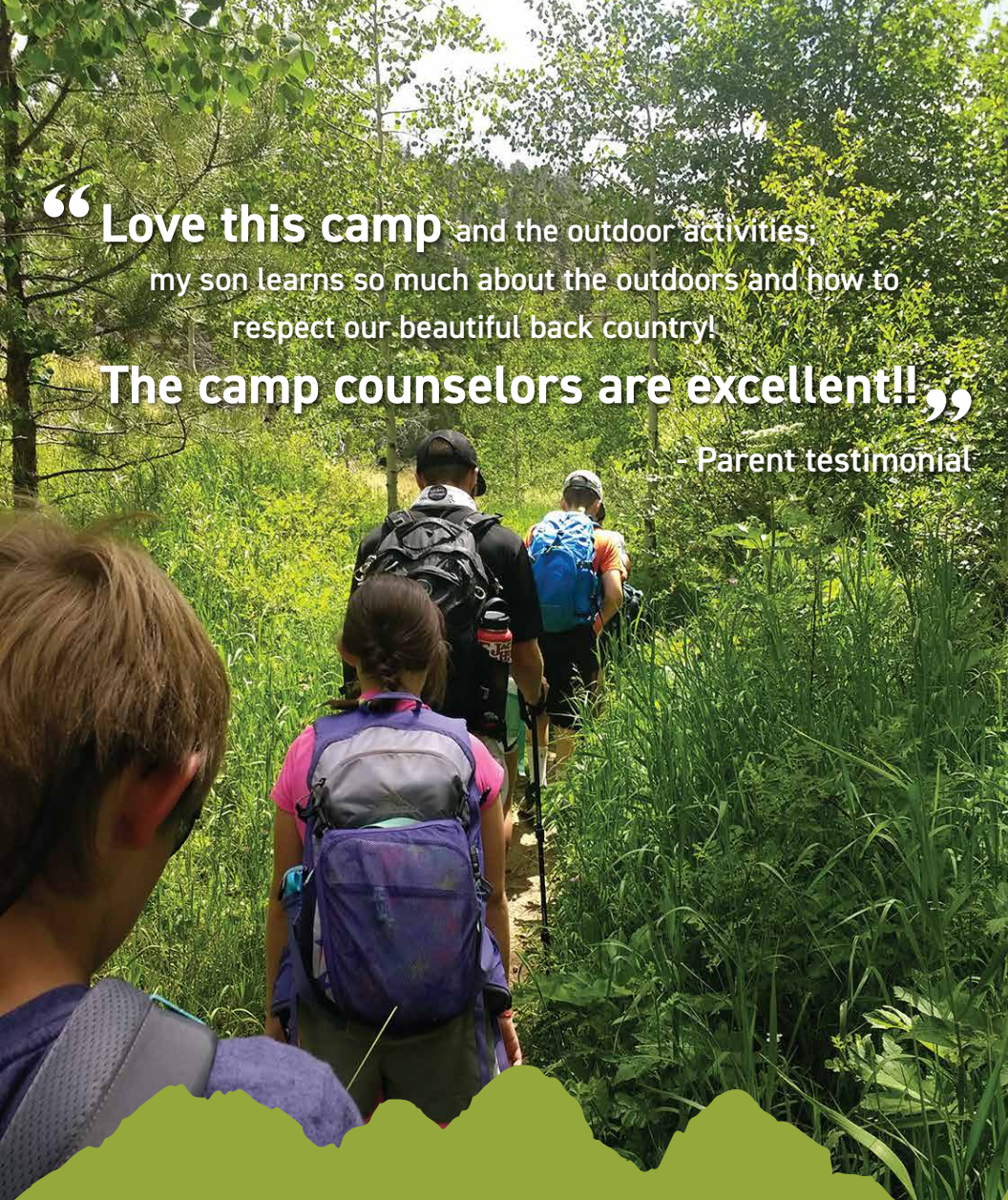
Location Genesis Miramont North | 1800 Heath Parkway

Hours Monday - Friday | 8:00 am - 5:00 pm

For online registration and further info, please visit:
www.genesishealthclubs.com/mighty-adventure-camp

Afraid your family's schedule might change? We plan for that.
Full refunds for schedule changes prior to May 1.





“**Love this camp** and the outdoor activities;
my son learns so much about the outdoors and how to
respect our beautiful back country!

The camp counselors are excellent!!”

- Parent testimonial

Will Jones, Mighty Adventure Camp Director

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