

Mighty Adventure Camp is a great chance to make new **friends**, **try** new things, and **learn** new things.

- Mighty Adventure Camper





I learned that I can be a leader no matter what and that

I love being outdoors. ,,



- Mighty Adventure Camper



"This camp really stood out because of the counselors.

It was obvious that they really engaged with each child.

When I signed her up, she told me flat out there was no way she would do an overnight camp, but in the end,

she was successful and had a great time!"

Our Purpose

Our purpose is to build a community of inspired young outdoor enthusiasts who, as leaders, possess the tools, skills, and experience necessary to make sound decision.

Our Heart

At Genesis Health Clubs, we love working with kids! As our kids become young adults,

we want to continue to grow with them and challenge them. Mighty Adventure Camp gives us that opportunity to engage with older youth

outside the walls of our health clubs!

We believe that dynamic wilderness experiences have the ability to change lives and leave lasting impressions. As facilitators, we love witnessing positive growth and changes in our participants, and we know that the power of their outdoor experience is more impactful than we could ever be. Our first priority is always safety. The activities that we enjoy do not come without

risk, but we let our adventurers take on appropriate challenges when they're ready. An incredible thing happens when we educate kids about risks and what we can do to manage them. They gain exposure to more complex decision-making and become empowered to tackle bigger obstacles that we believe translates to

being capable of assessing risky situations in their own lives. We believe in the power of experiential learning, and deliver an experience that can help kids grow. We produce leaders who discover a greater sense of responsibility for themselves, their communities, and our planet.

"I enjoyed doing things I have never done in my wildest imagination."







Summer programs

Junior Adventure / Ages 8 - 10

This program is made for our youngest adventurers. Jr. Adventure gives campers the opportunity to explore the outdoors and plants the seed for a love of nature. We take small hikes, learn about the natural world, spend time on the beach, and more! Want something new for your child this summer? Jr. Adventure might be a great fit for you!

Excursions / Ages 10 - 12

The goal of the excursion program is to foster an appreciation for the outdoors and an excitement for spending time in nature. In the excursion program we hike, play in the parks, enjoy nature activities, and take a different field trip every week. Some of our field trip locations include the Denver Zoo, Water World, and Elitch Gardens! This program is ideal for young adults who are just developing a curiosity for the outdoors.

Multi-Adventure Challenge (M.A.Ch.) / Ages 10 -14

MACH produces personal growth in campers by inviting them to step outside of their comfort zone in an adventurous outdoor environment. Campers gain leadership skills through epic outdoor activities such as high ropes courses,



hiking, stand-up paddle boarding, outdoor cooking and more! If your child is ready to take the adventure to the next level MACH may be a great fit!

H20 Yeah! / Ages 10 - 14

Camper loves water? We have you covered. Each day in this program we go on a new water adventure! Stand-up paddle boarding, canoeing, tubing, beach days, fishing and more! If your outdoor enthusiast can't get enough of the water during the hot summer days this program is for them.



Climbing Academy / Ages 5 -10

Climbing Academy is a fun way to introduce your child to the sport of climbing and to teach them valuable life skills! We teach basic belaying, knot tying, bouldering, top-rope climbing, climbing techniques and more! We also break up the day witrh other activities. Campers will learn new crafts, participate in educational activities, and stay active with fun gym games.

We are so excited to share this time with your campers!

To sign up or learn more about programs! North | Will Jones | 970.818.7015







"The overall program outdoors all day, the skills taught, the instructors, the size of the group. Love all of it!"

4	Climbing Academy	Climbing Academy	Climbing Academy	Climbing Academy	Climbing Academy	mr	First Ascent Overnight	Gear Check/ No Camp CA	Castlewood Canyon CA	Castlewood Canyon CA	S	No Camp CA	edu	H20 12-14	Kayak - Horsetooth ERMA	Fishing - Arapahoe Bend ERMA	Hike - Roaring Creek ERMA	Stand Up Paddle - Dowdy ERMA	Beach Day - Boyd Lake	Climbing Academy	Climbing Academy	Climbing Academy
	Tubing/Park - Fairgrounds Park	Stand Up Paddle - Horsetooth	Beach Day - Boyd Lake	Fishing - Prospect Ponds	Canoe - Carter Lake		M.A.Ch 2	Hiking - Roaring Creek	Fishing - Parvin Lake	Service Project - TBD	Stand Up Paddle - Curt Gowdy	Survival Day - Lower Dadd		H2O 10-12	Hike- Disappointment Falls	Beach Day - Boyd Lake	Stand Up Paddle- Carter	Fishing - Arapahoe Bend	Tubing - Fort Collins Tubing	M.A.Ch 2	Climbing - Duncan's Ridge	Milhita Matar Daffing
	High Ropes - Treehouse Adventure	Fishing - Arapahoe Bend	Stand Up Paddle - Gowdy	Beach Day - Boyd Lake	Hiking - Lower Dadd		M.A.Ch 1	Archery/BB - CYO	Service Project - TBD	Stand Up Paddle - Boyd	Hiking - Horsetooth Rock	Bouldering - Rotarty Park		M.A.Ch 1	Hiking - Hidden Falls	Canoe - Horsetooth	Fishing - Prospect Ponds	Survival Day - Lady Moon	Low-Ropes - CSU	M.A.Ch 1	Hiking - Turtle Rock (wyoming)	Cornigo Droject - TBD
	Hike- Mt. Margaret Trailhead	Park - Lee Martinez Park (200)	Nature - Lyons Open Space	Beach Day - Boyd Lake	Hike/Leadership day - Horsetooth falls		Excursion	Canoe/Beach - Boyd	Park - Edora Park	Rappelling - Duncan's Ridge	Nature - Kreutzer Trail	Experience - Urban Air		Jr. Adventure	Beach/Crayfish - Boyd	Hike - Lily lake	Adventure Island Indoor Waterpark	BB/Park - CyO/Edora	Nature/hatchery - Prospect Ponds	Excursion	Park Day - Spring Creek	Ctand IIn Daddle County
	Monday	Tuesday	Wednesday	Thursday	Friday			Monday	Tuesday	8 - 12 Wednesday	Thursday	Friday			Monday	Tuesday	Wednesday	Thursday	Friday		Monday	Trocolary
	dall	חום	1 - 5						חווים	8 - 12					-	חום	15 - 19)			-	מפוע

	Excursion Park Day - Spring Creek Stand Up Paddle - Gowdy Finding Adventure - Mt. Margaret	M.A.Ch 1 Hiking - Turtle Rock (wyoming) Service Project - TBD Stand Up Paddle - Curt Gowdy	M.A.Ch 2 Climbing - Duncan's Ridge White Water Rafting Hiking - Royal Arch	Climbing Academy Climbing Academy Climbing Academy Climbing Academy
_	Fort Fun	Park/Nature Day - CSU Forest	Beach Day - Boyd Lake	Climbing Academy
	Fishing - Arapahoe Bend	Beach Day - Boyd Lake	Stand Up Paddle - Carter Lake	Climbing Academy

		Jr. Adventure	M.A.Ch 1	H2O Yeah 10 -12	H2O Yeah 12-14
00 0011	Monday	Beach Day - Boyd Lake	Stand Up Paddle - Carter	Beach - Boyd Lake	Fishing - Prospect Ponds
- 17 2	Tuesday	Hike - Disappointment Falls	Fishing - Dowdy	Hike - Hidden Falls	Kayak - Horsetooth
July 3	Wednesday	Fishing - Parvin Lake	Urban Air	Stand UP Paddle - Dowdy	Hike - Horsetooth Falls
	Thursday	Petting Zoo/Park - Lee Martinez	Hiking - lower Dadd	Fishing - Arapahoe Bend	Stand UP Paddle - Gowdy
	Friday	Rappelling - Duncan's Ridge	Park Day - Edora	Kayak - Horsetooth	Beach Day - Carter Lake

Climbing Academy Climbing Academy Climbing Academy

Bouldering - Flat Irons Hike - Lower Dadd M.A.Ch 2

Hike - Lady Moon Kavak - Royd Lake M.A.Ch 1

Kayak - Dowdy Lake Loveland Lacer Tag Excursion

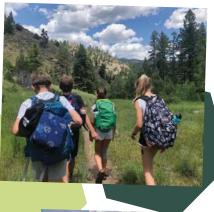
> Monday July

TR Rock Climbing | Top Rope Rock Climbing SUP | Stand Up Paddleboarding

First Ascent Overnight / Ages 12 - 14

Our First Ascent Overnight program is brand new this year! This program is built to truly take your child's climbing experience to new heights. As an overnight experience we can go farther, explore new routes, and further refine our skills. The adventure continues with outdoor cooking in the evening, and an amazing camping experience.

"I learned that being brave helps other people to be brave."





"You don't have to be a big impact as a leader,

because little parts contribute

to the group too."

Backpacking Expedition / Ages 12 - 14

An unforgettable experience for the veteran backpackers. The goal of our Backpacking Expedition program is to take the overnight experience to the next level. Participants in this program will embark on an adventure of backcountry backpacking, cooking, and exploring the Rocky Mountain wilderness. Participants must have previous experience on long hikes (10 miles or more), must be in good physical condition, and must have appropriate equipment for the adventure.



EPIC Rocky Mountain Adventure (ERMA) / Ages 12 - 14

This is our new EPIC Adventure program! One full week of hitting the road on real Colorado adventure full of camping and enjoying what the beautiful Rocky Mountains have to offer. Your camper will experience everything from front country camping, canoeing, and fishing to backcountry backpacking, rock climbing, high ropes course and more! If your child is ready to truly experience the Colorado summer adventure of a lifetime, this is the program is for them.



"I wasn't pushed outside of my comfort zone because I had friends and good counselors help me get through it."



this camp is just so good

I don't need to say anything.

- Mighty Adventure Camper



"If someone is feeling down, build them back up and put yourself in someone else's shoes."

Program Pricing

Program	Member	Non - Member
Junior Adventure	\$265	\$280
Excursion	\$345	\$360
MACH	\$367	\$382
H20 Yeah!	\$320	\$335
Climbing Academy	\$245	\$255
First Ascent Overnight	\$430	\$445
Backpacking Expedition	\$415	\$435
EPIC Rocky Mtn Adventure	\$850	\$880

Registration

\$65 | Per family, non-refundable registration fee includes program water bottle.

Program Details

Location Genesis Miramont North | 1800 Heath Parkway

Hours Monday - Friday | 8 am - 5 pm

For online registration and further info, please visit:

genesishealthclubs.com/mighty-adventure-camp

Afraid your family's schedule might change? We plan for that. Full refunds for schedule changes communicated 2 weeks before your scheduled camp week.

Will Jones

Mighty Adventure Camp Director

Genesis Health Clubs
Miramont North
970.818.7015 / office
wjones@genesishealthclubs.com

"It was a great experience

I will remember always!"





The camp counselors are excellent!!

- Parent testimonial



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