# **Camp Lunch Program**

\$25 for the entire week (\$5 per meal) | Entree, veggies, fruit, and drink included.

Meal plans can be ordered at www.genesishealthmeals.com - from which you may select your child's entree.

You may cancel, pause, or update billing information from this link. This service is an optional add-on.

You may also send your child to camp with a nut-free packed lunch.

# Add-On Programming Opportunities

This year's summer camp program offers the following Add-On classes. Registration for Add-Ons can be processed at the time of enrollment. Full descriptions of programming available on our website.

http://genesishealthclubs.com/camps/rock-road/

# **Add-On Session Dates**

Swimming	Tennis	Rock wall
Session 1 June 8, 9, 10, 11	Session 1 June 8, 10, 12	Session 1 June 9, 11
Session 2 June 15, 16, 17, 18	Session 2 June 15, 17, 19	Session 2 June 16, 18
Session 3 June 22, 23, 24, 25	Session 3 June 22, 24, 26	Session 3 June 23, 25
Session 4 June 29, 30, July 1,	Session 4 June 29, July 1, 3	Session 4 June 30, July
Session 5 July 6, 7, 8, 9	Session 5 July 6, 8, 10	Session 5 July 7, 9
Session 6 July 13, 14, 15, 16	Session 6 July 13, 15, 17	Session 6 July 14, 16
Session 7 July 20, 21, 22, 23	Session 7 July 20, 22, 24	Session 7 July 21, 23
Session 8 July 27, 28, 29, 30	Session 8 July 27, 29, 31	Session 8 July 28, 30
Session 9 August 3, 4, 5, 6	Session 9 August 3, 5, 7	Session 9 August 4, 6



# Add-On Class Options

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Tennis   Tennis Pro lessons					
Level	Camp capacity	Days	Times	Member	Non-Member
Beginner / Intermediate	24	Mon / Wed / Fri	11 am - 12 pm	\$36	\$42
Swimming   Aquatics Instruc	ctor lessons				
Level	Camp capacity	Days	Times	Member	Non-Member
Intro to Water Skills	12	Mon - Thurs	11 - 11:30 am	\$32	\$40
Stroke Development 12	Mon - T	hurs 11 - 11:	30 am \$32	\$40	
Rockwall   Climbing with a R	Rockwall Instructor				
Level	Camp capacity	Days	Times	Member	Non-Member
Beginner / Intermediate	10	Tues / Thurs	2 - 3 pm	\$20	\$24
Advanced 10	Tues /	Thurs 3 - 4 pm	\$20	\$24	

Visit our website at: http://genesishealthclubs.com/camps/rock-road/



**Rock Road** 



Mighty Summer Sports Camp by Genesis 2020

Sport Workshops | Teams of 12:1 | Field Trips



A Summer Camp that maximizes FUN, builds PROBLEM-SOLVING skills, and leaves parents PROUD

of their child's growth.

10 Weeks | Mon - Fri | 8 am - 6 pm

Site Director, Ashley Ingram

• 316-201-9267

• aingram@genesishealthclubs.com

# All about Mighty Camps by Genesis

Location Rock Road | 1551 N. Rock Road Hours Monday - Friday | 8 am - 6 pm

Camp Dates	Theme of the Week	Field Trip	Programming
Week 1 June 1-5	Camp Fiesta	Advanced Learning Library	FWF, KM, Improv
Week 2 June 8-12	Pirate Week	Wichita Historical Museum	STEAM, Yoga, BK
Week 3 June 15-19	Cartoon Week	Ice Center	FWF, KM, Improv
Week 4 June 22-26	Roaring 20's	Museum of World Treasures	STEAM, Yoga, BK
Week 5 July 29-July 3	Welcome to the Jungle	Sedgwick County Zoo	FWF, KM, Improv
Week 6 July 6-10	Luau	Exploration Place	STEAM, Yoga, BK
Week 7 July 13-17	Halloween Week	The Alley	FWF, KM, Improv
Week 8 July 20-24	2020 Olympics	West 13th: Kids Self Defense Workshop	STEAM, Yoga, BK
Week 9 July 27-31	Christmas in July	Mighty Mixer	FWF, KM, Improv
Week 10 August 3-7	Color War	City Arts	STEAM, Yoga, BK

This summer, Mighty Camps by Genesis will visit a unique theme each week, including Luau, with a special, themed activity. Whether we are dressing up as a pirate, learning about the ocean, or cheering on team USA in the Summer 2020 Olympic Games, each week is guaranteed to be a blast!

#### Who We Are

We are a passionate team of youth development leaders who are honored to serve youth during the summer months. We understand that our time spent with children gives us the ability to play a role in influencing the person a child becomes. We are committed to leveraging our intentional camp setting to create an environment where children are free from evaluation and given robust opportunity to courageously try something new, fail and get back up again in a supported environment, and feel deeply valued and connected to a community who celebrates them for who they are. We take our opportunity to serve seriously and choose to create change through ridiculously fun camp experiences!

#### **Camp Goals**

- 1. To engage, energize, and inspire children to be active.
- 2. To foster personal character development, respect for others and build competent, capable problem solvers.
- 3. To cultivate positive self-talk within our campers.
- 4. To develop skills in sports-specific areas and to have FUN!

#### **Day Camp Counselors**

We feel confident we have the best team around! The majority of our team comes from local universities with backgrounds in Recreation, Education, Fine Arts, Psychology, Sociology, Business, Health & Exercise Science and other diverse fields of study. Most importantly, our team is made up of individuals who LOVE kids! They want to spend their time playing, teaching and working with children. All Mighty Camp Team Members have completed extensive background checks, are certified in basic First Aid and CPR, and receive thorough training prior to the start of the camp. Rest assured, we hire the best of the best to work with your children!

#### **Ratios**

To maximize the learning experience and to maintain a safe environment, we ensure sufficient staff-to-camper ratios. Campers will be assigned a camp team with a 12:1 campers to counselor ratio.

#### What to Expect

Children enrolled in Sports Camp spend approximately three hours daily in sports-focused "Learn to Play Workshops". The remainder of their time is spent engaged in other activities like STEAM, swimming, Kids Yoga, Improv classes, Character Programming, and local field trips. Mighty Camps by Genesis are designed and licensed for children between the ages of 5 -12 years.

#### **Camp Activities**

Daily Open Swim utilizing the outdoor pool facility (Lifeguards on duty) | Weekly field trips | Campfire games & skits Specialty Themed Activities | STEAM Programming | Improv Classes | Fun with Food (FWF) | Kids Yoga | Kids Move (KM) Balanced Kids Fitness Programming (BK)

### **Sports Education Activities**

Basketball | Soccer | Softball | Floor Hockey | Volleyball | Flag Football | Ultimate Frisbee | Lacrosse | Tennis

#### Mighty Camps Improv-

Let's Play program is a fun, dynamic piece of the camp experience. Campers will attend Improv classes where they can be silly while learning the important skill of thinking on their feet, relishing the spotlight, and most importantly having the humility to laugh at oneself!

Fun with Food-

Our Fun with Food program is designed to teach children about healthy food choices! During Fun with Food, campers participate in hands on cooking experiences that teach basic cooking skills, connect youth to the food they eat, and inspires conscious eating habits.

## **Character & Life Skills Programming**

Coaching, celebrating, and reinforcing character-based decision making is at the core of the Mighty Camp experience. Each week we have a new life skill and character trait we are focused on sharing with our campers. Campers move through intentionally crafted lesson plans that unpack what it looks like and sounds like to be courageous, responsible, honest, patience, attentive, generous, compassionate, creative, and determined. In addition to dedicating time to learning about character, we spend time celebrating our campers for choosing to make decisions rooted in character. Each week, during our Camp Fire activity, campers are recognized for the positive impact their presence makes as they choose to make character driven choices in camp!

# **Enrollment Options / Cost**

Schedule	Member	Non-Member
M - F	\$150	\$160
M/W/F	\$104	\$108
T / TH	\$76	\$80
Customized	\$38	\$40

\$25 per family registration fee includes a t-shirt, AM/PM snacks. When enrolling two or more siblings at the same time, get a 5% discount off all items at check out.

# Registration

Full Week enrollment Opens January 6
M/W/F or T/TH enrollment Opens February 3
Customized enrollment Opens March 2

Questions? | Contact our Regional Youth Programs Director | Ashley Ingram | 316-201-9267 or aingram@genesishealthclubs.com

# Register Online

**First Time** Families - https://mightycamps.campmanagement.com/enroll **Returning** Families - https://mightycamps.campmanagement.com/campers







