



Sprague MARCH 2020 Group Fitness Schedule

Sun: 8:00 am - 6:00 pm Mon: 4:00 am - 10:00 pm Tues: 4:00 am - 10:00 pm Wed: 4:00 am - 10:00 pm Thurs: 4:00 am - 10:00 pm Fri: 4:00 am - 9:00 pm Sat: 7:00 am - 7:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		7:30 AM Group Power® (Group X Studio)				
		8:30 AM Zumba® (Group X Studio)				