



# West Central MARCH 2020 Group Fitness Schedule

Sun: Opens at 7:00 am Mon: Open 24 hours Tues: Open 24 hours Wed: Open 24 hours Thurs: Open 24 hours Fri: Open until 9:00 pm Sat: 7:00 am - 9:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>9:15 AM</b> <b>Boot Camp 60</b> (Studio A)		<b>10:15 AM</b> <b>Barre 45</b> (Studio A)	<b>9:30 AM</b> <b>Aqua Surge</b> (Pool)	
		<b>9:15 AM</b> <b>Yoga 60</b> (Studio C)				
		<b>9:15 AM</b> <b>Yoga 60</b> (Studio C)				
		<b>10:15 AM</b> <b>Barre 45</b> (Studio A)				