COMBO 6 CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
• 5:30-6:30am • 9:00-10:00am • ***RBS-10:30-11:30am** • 5:00-6:30pm	• 9:00-10:00am • Noon-1:00pm • 5:00-6:30pm	• 5:30-6:30am • 9:00-10:00am • ***RBS-10:30-11:30am** • 5:00-6:30pm	• 9:00-10:00am • Noon-1:00pm • 5:00-6:30pm	• 5:30-6:30am • 9:00-10:00am • ***RBS-10:30-11:30am**	• 8:00-10:00am

- **$20/month for UNLIMITED classes**
- **33min. Total Body Kick Boxing, Core & Cardio**
- **Last time to start class is 30 min. before end of class**
- **Talk to any personal trainer to get started!!!**
- **Free Beginner Classes 1st Mon. and 3rd Sat. of Every Month**

Brian Schroeder
Fitness Manager
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*New Class Hours
Starting 2/15

*ROCK STEADY BOXING IN COMBO 6 ROOM