



Tennis

September - December 2021

Tennis General Information

Summer Indoor Hourly Court Rates

\$29/Hour

Tennis Member Only

Reservations

Tennis court reservations are available 6 days in advance. Tennis members must reserve a court in order to play. Pre-payment for indoor court reservation is required. A 24-hour cancellation policy will be enforced.

Outdoor Courts

Free of charge to Genesis Miramont Tennis Members

A \$10 no-show fee will be charged to the reservation holder.

Ball Machine Rental Fees

Outdoor courts \$5/hour

Indoor courts Standard indoor court fees apply, 90 minutes maximum

Racquet Repair

Re-stringing and re-gripping services are available. Fill out a repair request at the South Front Desk.

Demo Racquets

Our tennis pros can assist you with using our demo racquets.

Junior Tennis

From Tiny Tots to sectional and national level players, our certified tennis professionals will teach the fundamentals of the game while engaged participants work hard and have fun in an energizing environment. We welcome Non-Members.

Session Dates

Session 1 August 23 – October 3

Session 2 October 4 – November 14

Session 3 November 15 – January 9

(No classes November 24 – 28 and December 20 – January 2)

Registration

- Walk-in registration for Session 1 begins Monday, August 16th, at 8:30am; phone registration begins at 9:00am.
- For subsequent sessions, pre-registration (available to those currently taking the class) will begin two weeks prior to the next session starting and open registration will open one week prior.
- Programs must be paid in full to secure registration. A \$20 late fee will be applied if payment is received after the first class is attended.
- A minimum of three participants is required. Programs are subject to change based on enrollment.

Private Tennis Lessons

	60 minute	Series of Five	90 Minute	Series of Five
1 Person	\$70	\$340	\$105	\$515
2 People	\$39/person	\$185/person	\$59	\$285
3 People	\$27/person	\$125/person	\$41	\$190
4 - 5 People	\$22/person	\$100/person	\$33	\$155
6+ People	\$20/person	\$90/person	\$30	\$140

Junior Development

Genesis Miramont tennis supports the USTA's Net Generation approach to junior player development. The Net Generation approach utilizes a progression of age and size appropriate racquets, types of balls, and court sizes to help young kids develop better technique and achieve greater success while having fun!



Tiny Tots: 36' Court, Red Ball, Ages 4-5

Introduce your kids to the game of tennis in a fun and positive environment. No prior experience is required to participate in this class. Players will work on developing a variety of athletic skills and the basic fundamentals of the game.

Day / Time	Saturday	10:00am – 10:30am
Cost	Tennis Member	Non-Tennis Member
Sessions 1 & 2	\$69	\$99
Session 3	\$57.50	\$82.50

10's Beginner: 36' Court, Red Ball, Ages 6-10

This class is for the 6 to 10-year-old relatively new to the game and designed to help teach fundamental tennis strokes, as well as introduce rallying and point play. No prior experience is necessary to participate.

Day / Time	Wednesday	4:00pm – 5:00pm
	Saturday	10:30am – 11:30am
Cost	Tennis Member	Non-Tennis Member
Sessions 1 & 2	\$102	\$132
Session 3	\$85	\$110

10's Intermediate: 36' Court, Red Ball, Ages 6-10

This class is designed for the 6 to 10-year-old player who understands the basic tennis mechanics using the forehand and backhand and is capable of participating in a 10 ball rally with another child on the 36' court. Players will continue to work on the mechanics for groundstrokes, volleys, and serves, as well as consistency and control in rally and point play scenarios.

Day / Time	Wednesday	4:00pm – 5:30pm
	Saturday	10:00am – 11:30am
Cost	Tennis Member	Non-Tennis Member
Sessions 1 & 2	\$156	\$186
Session 3	\$130	\$155



12's Beginner: 78' Court (full size), Green Ball, Ages 11 – 12

This class is for the beginner to intermediate 11 to 12-year-old player. No experience is necessary to participate. Players will work on stroke production, movement, rally skills, and point play.

Day / Time	Wednesday	4:00pm – 5:30pm
	Saturday	10:00am – 11:30am
Cost	Tennis Member	Non-Tennis Member
Sessions 1 & 2	\$156	\$186
Session 3	\$130	\$155

12's Intermediate/Advanced: 78' Court (full size), Green Ball, Ages 11 – 12

Intended for the 11 to 12-year-old player who is comfortable with basic tennis strokes and able to display control, consistency, and directional intent. Prior match play experience is recommended.

Day / Time	Wednesday	4:00pm – 5:30pm
	Saturday	10:00am – 11:30am
Cost	Tennis Member	Non-Tennis Member
Sessions 1 & 2	\$156	\$186
Session 3	\$130	\$155

17's Beginner: 78' Court (full size), Green or Yellow Ball, Ages 13 – 17

Intended for the 13 – 17-year-old player relatively new to the sport. Players will learn the fundamentals of the game and will improve the skills necessary to participate in match play situations. Stroke production, rally skills, and point play will be emphasized.

Day / Time	Wednesday	4:00pm – 5:30pm
	Saturday	10:00am – 11:30am
Cost	Tennis Member	Non-Tennis Member
Sessions 1 & 2	\$156	\$186
Session 3	\$130	\$155

Challengers

This group is designed for the intermediate to advanced middle school player who is comfortable with all the basic strokes and able to display control, consistency, and directional intent. Participants will continue to develop their strokes, footwork, and point play skills as they prepare for their middle school tennis seasons and tournament play.

Days / Times	Tuesday / Friday	4:00pm - 5:30pm
	Sunday Match Play	12:00pm – 1:30pm or 6:00pm – 7:30pm (schedule will be provided)

Cost	Tennis Member	Non-Tennis Member
	\$335	\$395

Grand Slam

Designed for the intermediate to advanced high school player, participants should be competent with all the basic strokes and able to display control, consistency, and directional intent. A variety of drills will be used to teach and prepare students for their high school tennis seasons and tournament play.

Days / Times	Monday / Thursday	4:30pm – 6:00pm
	Sunday Match Play	1:30pm – 3:00pm

Cost	Tennis Member	Non-Tennis Member
	\$335	\$395



Adult Tennis

The adult tennis program at Genesis Miramont South offers a wide variety of classes designed to energize and inspire your tennis game. Open to players of all ability levels, our certified tennis professionals will focus on fundamentals, technique, and strategy for both singles and doubles to help raise your game to the next level while having fun!

Session Dates

Session 1 **August 23 – October 3**

Session 2 **October 4 – November 14**

Session 3 **November 15 – January 9**

(No classes November 24 – 28 and December 20 – January 2)

Registration

- Walk-in registration for Session 1 begins Monday, August 16th, at 8:30am; phone registration begins at 9:00am.
- For subsequent sessions, pre-registration (available to those currently taking the class) will begin two weeks prior to the next session starting and open registration will open one week prior.
- Programs must be paid in full to secure registration. A \$20 late fee will be applied if payment is received after the first class is attended.
- A minimum of three participants is required. Programs are subject to change based on enrollment.

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	60 minute	Series of Five	90 Minute	Series of Five
1 Person	\$70	\$340	\$105	\$515
2 People	\$39/person	\$185/person	\$59	\$285
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6+ People	\$20/person	\$90/person	\$30	\$140



Drill & Play

Experience instruction, drills, and point play. Limited to participants' NTRP Level.

Level	Day	Time
2.0/2.5	Wednesday	12:00pm – 1:00pm (*1-hour class: \$104/session)
2.0/2.5	Friday	5:30pm – 7:00pm
2.5/3.0	Monday	9:30am – 11:00am
2.5/3.0	Wednesday	9:00am – 10:30am
3.0	Saturday	11:30am- 1:00pm
3.0/3.5	Thursday	10:30am – 12:00pm
3.5	Wednesday	1:00pm – 2:30pm
3.5	Saturday	1:00pm – 2:30pm
3.5/4.0	Friday	12:00pm – 1:30pm
4.0	Wednesday	10:30am – 12:00pm
4.0/4.5	Friday	12:00pm – 1:30pm
4.0/4.5	Friday	1:30pm – 3:00pm
3.5+M/4.0+W	Saturday	2:30pm – 4:00pm

Cost

Sessions 1 & 2 \$156

Session 3 \$130

Match Play

Focus on singles and/or doubles tactics in a match play situation. Registration limited to participants' NTRP Level.

Level	Day	Time
3.0	Tuesday	1:30pm – 3:00pm
3.5	Monday	12:30pm – 2:00pm
3.5/4.0 (Singles)	Thursday	1:30pm – 3:00pm

Cost

Session 1 & 2 \$174

Session 3 \$145



Flex Tennis

Our Flex classes allow for members to register for each class individually, as opposed to a multiple-week session.

Early Bird

Get up with the sun and enjoy drills and point play before your work day begins.

Level	Day	Time
3.0 – 3.5	Tuesday	6:00am – 7:30am
4.0/4.5	Friday	6:00am – 7:30am
Cost	\$22 / class	

Prime Time Wednesdays

Come out for some evening point play! Classes will alternate levels weekly between 3.0/3.5 and 4.0+.

Level	Dates	Time
3.0 – 3.5	Aug 25	7:00pm – 8:30pm
	Sep 8, 22	
	Oct 6, 20	
	Nov 3, 17	
	Dec 8	
4.0+	Sep 1, 15, 29	7:00pm – 8:30pm
	Oct 13, 27	
	Nov 10	
	Dec 1, 15	
Cost	\$22 / class	

Rapid Fire

A combination of feeding and point play drills to get players moving and provide a great workout! Open to all levels.

Day	Time
Wednesday	12:00pm – 1:00pm
Friday	8:00am – 9:00am
Cost	\$18 / class

Cardio Tennis

A fitness class in which orange balls will be used to provide a fun and high energy workout! Open to all levels.

Day	Time
Thursday	12:00pm – 1:00pm
Saturday	11:30am – 12:30am
Sunday	10:00am – 11:00am
Cost	\$18 / class

Grip and Rip

A fast-paced king of the court game! Open to all levels.

Day	Time
Tuesday	7:00pm – 8:00pm
Cost	\$18 / class

Saturday Night Socials

Come out for some friendly match play, followed by refreshments. Non-Members are welcome!

Dates	Time
October 2, 9, 16, 23, 30	5:30pm – 7:00pm
November 20	

December 4, 11

Cost: \$22

Tournaments

Genesis Miramont Annual Turkey Doubles

Wednesday, November 24 - Sunday, November 28

Non-Members are welcome. Entry forms will be available mid-October.

Spring In-House League Registration

Registration for Spring In-House Leagues will open on November 29th and closes on December 10th. Links to the online registration forms can be found in the Tennis Happenings newsletter. Please contact Linda Smith at lsmith@genesishealthclubs.com with any questions.

Meet Our Staff



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Linda Smith, League Coordinator

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