

Genesis Health Clubs - Tri-State
555 Tennis Lane
Evansville, IN 47715



(812) 479-3111
genesishealthclubs.com
Adult Tennis

Adult Tennis • Fall 2024 - Spring 2025

Oct 1 – May 25

Club Cardio

Fee: \$90/month or \$20.00 per class

*Heart pumping fitness on the tennis court for ages 18+. Classes are set to music and choreographed to move your heart rate into the proper target zone. Enjoy a fun activity while getting a great, high-paced work-out. **Registration is required.** Limit of 10 per court.*

If you sign up for a class and do not show up you will be charged the \$20 fee.

SCHEDULE OF CLASSES

| | |
|-----------|---|
| Monday | 9:00-10:00am, 5:30-6:30pm |
| Tuesday | 9:00-10:00am, 12:00-1:00pm |
| Wednesday | 8:00-9:00am, 9:00-10:00am (ORANGE HIT) , 5:30-6:30pm |
| Thursday | 7:00-8:00am (4.0+), 9:00-10:00am, 12:00-1:00pm |
| Friday | 8:00-9:00am, 12:00-1:00pm |
| Saturday | 9:00-10:00am |
| Sunday | 5:00-6:00pm |

ADULT CLINICS

Fee: \$32 per hour

Clinics meet at various times through the week and are arranged directly with the pro staff. Clinics are one hour or one and one half hours in duration. Clinics are based on NTRP ratings to ensure compatible play. If you are unaware of your rating, please contact a tennis professional for a complimentary session.

CURRENT OPEN CLINICS

| | |
|----------------------|---------|
| Monday 8-9am | 2.5/3.0 |
| Monday 10:30-12:00 | 3.0 |
| Wednesday 10-11:30am | 3.5 |
| Friday 1-2:30pm | 3.0/3.5 |
| Saturday 9-10:30am | 3.0/3.5 |

TENNISCIZE

Fee: Complimentary

The program that all adult TSAC members enjoy and get exercise with. It is open to all levels and is run by the TSAC professional staff. (Inexperienced players should be a graduate of Learn Tennis Fast, have an introductory lesson, or equivalent.) This is a great opportunity to practice your shots, get a workout, play with friends, meet new players, and have a great time. Space can be reserved 48 hours ahead of time.

SCHEDULE OF CLASSES

| | |
|----------|---------------|
| Tuesday | 8:00am-9:00am |
| Thursday | 8:00am-9:00am |
| Saturday | 8:00am-9:00am |