

# ADVENTURE LEADERSHIP



**MIRAMONT**  
LIFESTYLE FITNESS

Registration opens January 9  
Register before April 3 to  
receive discounted rates

# Our Purpose

Our purpose is to build a community of inspired young outdoor enthusiasts who, as leaders, possess the tools, skills, and experience necessary to make sound decisions.



# Testimonials

## Hear what parents had to say...

"(My child) had a terrific summer, which challenges him physically and mentally. We are so appreciative for the supportive hands-on staff that worked with the kids all summer. He ended the program and started 6th grade with a sense of accomplishment and refreshed self-esteem."

"This was a great program. Activities were really good for a 10 year old boy. We feel that our son showed good signs of maturity over the summer after attending the program. Counselors were very good, worked well with the kids and were really good about keeping us informed."

"The overall program - outdoors all day, the skills taught, the instructors, the size of the group. Love all of it!"

"Great program, great leaders, great opportunity for fun!"



## Hear what participants had to say...

"If you want to be a leader and take part in new experiences, ALP is the place to be."

"I never thought that I would laugh so much and have this much fun at camp!"

"I was really surprised when I was instantly welcomed by group members and was able to form friendships immediately!"

"I was really surprised when I saw a level of trust and maturity out of our group that I never thought possible."

# Urban Adventures

## Ages 10 - 11

For our blossoming outdoor enthusiasts, this week long program is a great introduction! Participants will get to experience the best that Fort Collins and its surrounding areas have to offer through going hiking, climbing, bouldering, canoeing, and tubing! We will cover Leave No Trace principles, group leadership roles, climbing and belaying techniques, with a primary focus on FUN!

*Please visit our website for activity lists for each week!*



## Program Schedule

Week 1: May 30 - June 2

Week 2: June 5 - June 9

Week 3: June 12 - June 16

Week 4: June 19 - June 23

Week 5: June 26 - June 30

Week 6: July 10 - July 14

Week 7: July 17 - July 21

Week 8: July 24 - July 28

Week 9: July 31 - August 4

Week 10: August 7 - August 11



# Multi-Adventure Challenge (M.A.Ch.)

## Ages 12 - 13

This program is all about intense outdoor activity! We learn how to navigate up rocks, along trails, across flatwater, and through whitewater! Each of these weeks look a bit different, but we maintain a focus on enhancing outdoor leadership skills and discuss how they can be beneficial to our everyday lives.

*Please visit our website for activity lists of each M.A.Ch. outing!*

## Program Schedule

June 5 - 8

July 17 - 20

July 31 - August 3



## First Ascent Program Ages 12 - 13

Designed with our climbing enthusiasts in mind, this program will advance any level of climber. From bouldering to top rope climbing, we go WAY more in-depth with climbing technique, belaying skills, knot tying, and anchor building. For a lesson in getting to the best crags, we will also be summiting some mountain peaks!



## Program Schedule

May 30 - June 2

June 19 - June 22

July 10 - July 13

# Frontier Program

## Ages 12 - 13

The perfect introduction to front country tent camping. Ideal for youth who have minimal experience sleeping and living outdoors. We will learn how to setup a campsite, campfire, and navigate across trails! The Frontier Program is a prerequisite\*\* for the Expedition Program as we cover many topics and skills that will be utilized on those backpacking trips.

## Program Schedule

June 13 - June 15

June 27 - June 29



# Expedition Program

## Ages 12 - 13

An unforgettable experience for youth wishing to take backcountry living to the next level! Students will embark on eye-opening experiences that foster the sense of community while empowering the students' independence. Through learning how to pitch campsites and cook on outdoor equipment, each camper will harness an understanding of their self-identity while working with their community of other students. To ensure the proper experience, we can provide certain gear essentials (backpacks, sleeping bags and pads, tents, and stoves) and teach all the necessary skills.

\*\*Our Frontier Program is designed to be a prerequisite for the Expedition Program, but we recognize that some participants may have the skills and experience necessary to skip this prerequisite. We will conduct a short interview with any child wishing to take advantage of this opportunity.

## Program Schedule

July 25 - July 27

August 8 - August 10



# Testimonials

## Hear what parents had to say...

"(My child) had a terrific summer, which challenges him physically and mentally. We are so appreciative for the supportive hands-on staff that worked with the kids all summer. He ended the program and started 6th grade with a sense of accomplishment and refreshed self-esteem."

"This was a great program. Activities were really good for a 10 year old boy. We feel that our son showed good signs of maturity over the summer after attending the program. Counselors were very good, worked well with the kids and were really good about keeping us informed."

"The overall program - outdoors all day, the skills taught, the instructors, the size of the group. Love all of it!"

"Great program, great leaders, great opportunity for fun!"



## Hear what participants had to say...

"If you want to be a leader and take part in new experiences, ALP is the place to be."

"I never thought that I would laugh so much and have this much fun at camp!"

"I was really surprised when I was instantly welcomed by group members and was able to form friendships immediately!"

"I was really surprised when I saw a level of trust and maturity out of our group that I never thought possible."

# Program Pricing

Program	Member	Non-Member
Urban Adventures	\$275	\$300
M.A.Ch.	\$360	\$375
First Ascent	\$240	\$250
Frontier	\$240	\$250
Expedition	\$330	\$345

Required \$50 registration fee includes program t-shirt, water bottle & hat.

For online registration and further info, please visit:  
[miramontlifestyle.com/adventure-leadership-program](http://miramontlifestyle.com/adventure-leadership-program)



**Spencer Kaye, Adventure Leadership Coordinator**  
970.829.8555  
[skaye@miramontlifestyle.com](mailto:skaye@miramontlifestyle.com)  
[miramontlifestyle.com](http://miramontlifestyle.com)