



How to enroll in Pilates Reformer classes online

1 Go to Miramont website: www.miramontlifestyle.com , click **Member Login** and log in

2 Click Group Exercise



Account Information



Camp



Group Exercise

3 **Select Site** **Select Category** Select Date: **Today, Tomorrow** or use **Calendar**

Class Schedules

Class Schedules

Selected Criteria

Site: **Central** [Change]

Category: **Mind Body**

Class: **All Classes**

Sort By: **Start Time**

Date: Today Tomorrow 01/18/2016

Member/Guest: **All**

Search

Selected Date: 01/18/2016 (Monday)

List View Calendar View

	Start Time	End Time	Class	Location	\$	Capacity	Waitlist	Category
Enroll	06:30 PM	07:30 PM	Pilates Basic Reformer	Mind Body Studio	\$	2/4	0/3	Mind Body

4 Enroll in Class