

Monday			
Class		Time	Instructor
Lap Swim	L	5:00-6:00am	
Masters Swim	C	6:00-7:00am	Pete
Lap Swim	L	7:00-8:00am	
Deep H2O	C	8:00-9:00am	Marla
Aqua Zumba	C	9:00-10:00am	Cindy
Lap Swim	L	10:00am-2:00pm	
Aqua Light	C	1:30-2:30pm	Morgan
Lap Swim	L	3:00-4:15pm	
Swim Team	C	4:15-6:15pm	Taggart
Lap Swim	L	6:15-10:00pm	

Wednesday			
Class		Time	Instructor
Lap Swim	L	5:00-6:00am	
Masters Swim	C	6:00-7:00am	Pete
Lap Swim	L	7:00-9:00am	
Aqua Intervals	C	9:00-10:00am	Marla
Lap Swim	L	10:00am-1:30pm	
Aqua Light	C	1:30-2:30pm	Marla/Tricia
Lap Swim	L	2:30-4:15pm	
Swim Team	C	4:15-6:15pm	Taggart
Lap Swim	L	6:15-10:00pm	

Friday			
Class		Time	Instructor
Lap Swim	L	5:00-6:00am	
Masters Swim	C	6:00-7:00am	Pete
Lap Swim	L	7:00-8:00am	
Deep H2O	C	8:00-8:45am	Janelle
Aqua Intervals	C	9:00-10:00am	Rachel
Lap Swim	L	10:00am-1:30pm	
Aqua Light	C	1:30-2:30pm	Georgia
Lap Swim	L	2:30 10:00pm	

Tuesday			
Class		Time	Instructor
Lap Swim	L	5:00-8:00am	
Deep H2O	C	8:00-9:00am	Marla
Aqua Intervals	C	9:00-10:00am	Rachel
Lap Swim	L	10:00am-1:30pm	
Pool Maintenance	M	1:30-2:30pm	
Lap Swim	L	2:30-10:00pm	

Thursday			
Class		Time	Instructor
Lap Swim	L	5:00-8:00am	
Deep H2O	C	8:00-9:00am	Marla
Aqua Intervals	C	9:00-10:00am	Marla
Lap Swim	L	10:00am-1:30pm	
Pool Maintenance	M	1:30-2:30pm	
Lap Swim	L	2:30-10:00pm	

Saturday			
Class		Time	Instructor
Lap Swim	L	6:00am-9:00am	
Aqua Intervals	C	9:00-10:00am	Adrienne
Lap Swim	L	10:00am-9:00pm	

Sunday			
Class		Time	Instructor
Lap Swim	L	6:00am-6:00pm	

C = Pool Closed for Class
L = Lap Swim, Well is available for Open Swim
M = Pool Closed for Maintenance

***All instructor taught classes are reserved pool time & it is up to the instructor's discretion to share the pool.**

***Please be kind in sharing our pool space with lap swimmers, lessons and self-workout routines outside of scheduled class times.**



Updated December 2023

Tuesday

Parent taught 10:45- 11:15 10 \$20

preschool 11:30-12 6 ages 3-5

\$25

\$25

\$30

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