

Kids Club

The Kids Club department offers exceptional care. On any given day, you will find many children engaged in age-appropriate activities that are fun and inviting. We are confident that you will find our department exceptionally clean, organized, bright, and cheery! We staff our rooms to meet the needs of many children from ages 6 weeks - 12 years old. Parents must remain on the premises while their children are under our care.

For more information contact Ashton May, Youth Director,
ashton.may@genesishhealthclubs.com, 402-423-2511

Kids Club Visits & Pricing

One childcare visit | 2 hours per day

Cost Single visit - \$5 per child

Included for children on the family membership.

Kids Club Guidelines

- In the event of an emergency or need, parents will be located by a Team Member.
- Personal belongings are welcome and should be labeled with the child's name.
- Please understand that we cannot allow sick children in our care. Children with any of the following symptoms should stay at home: diarrhea or vomiting within the last 24 hours, discolored or runny nose, fever, hacking cough.
- Children may be checked in/out by a parent/guardian only. Additional guardians may be listed upon request.

**Please refer to your location's specific Kids Club Policies to see a complete list of policies and procedures.*

Kids Club Programming

At Genesis we are passionate about helping our members develop a lifestyle that supports their ability to reach health goals and maintain quality of life through every life chapter. We understand that it can be hard to prioritize self-care amongst the various responsibilities of parenting. Our Kids Club Team is here to help! Our team creates rhythms and routines that help children feel at home in our care and facilitate quality programming that engages children and leaves them looking forward to their next visit!



KIDS CLUB AT GENESIS

LINCOLN RACQUET
CLUB

YOUTH PROGRAMS
CAMPS
PARTIES
UNLIMITED FUN!



5300 OLD CHENEY RD
LINCOLN, NE 68516
402-423-2511

Contact Ashton for more info!
ASHTON.MAY@GENESISHEALTHCLUBS.COM

GENESIS KIDS CLUB

BROCHURE



LINCOLN RACQUET CLUB

Toddler and Preschool Age Programs

Our team facilitates programming to build engagement and connection with children during their stay. Daily programs help children build confidence through knowing what to expect during their time with us. Morning Storytime and songs provide a wonderful opportunity for us to connect as a community and daily Kids Yoga Adventures are a silly and playful way for kids to get their wiggles out, while also increasing their body awareness as the instructor narrates an adventure and the kiddos follow along using body movement to tell the story.

In addition to daily programs, please check-in with your local Kids Club Team to learn about special themed monthly activities!

School Age Fitness Programs

Kids Fit

Classes are a great way to add physical activity into your child's schedule. This hour-long class is packed with fun activities to get your child moving, while introducing them safely to the fundamentals of exercise. The best news? This program is included when children are added to their parent's membership! While you are taking the much-needed time to invest in your personal health and wellbeing, your child will have a blast improving their own health too!

**Please refer to your location's website and Kids Club Team to learn more about the Kids Fit offerings at your specific location.*

Parents' Night Out

1 night each month! Take the night off! We'll take care of the kids!

Event Includes various experiences such as: Epic obstacle courses, games, swimming, a new movie premier, etc. Dinner including pizza, a drink option, and dessert are always offered!

| Day | Time | Ages |
|---------|-----------|------|
| Fridays | 5:30-8:30 | 5-12 |

**Please refer to your location's website for dates*

Register 48 hours in advance

To Register:

Call the front desk at 402-423-2511

No School Day Camp | NEW theme & activities EACH session!

| | | |
|---------------|--|--|
| Ages: | 5-12 | |
| Time: | 7:30am - 5:30pm | |
| Dates: | The program follows the Lincoln Public School's district calendar. | |

| | | |
|--------------------------------|---------------|-----------------|
| Activities: | | |
| Morning & afternoon snack | Arts & Crafts | Swimming |
| Learn to Play Sports Workshops | Group Games | Fun with Food |
| Youth Fitness Classes | Improv | Character First |

| | | |
|--------------|---------------|-------------------|
| Cost: | Member | Non-Member |
| | \$43/ per day | \$48/ per day |

**child must be an active member to receive member pricing*
**5% per child discount when enrolling two or more siblings at this same time*

Registration Fee: Annual per family - \$30

Payment is due at the time of registration & closes one week prior to each camp date.

To Register:

First Time Families - mightycamps.campmanagement.com/enroll

Returning Families - mightycamps.campmanagement.com/campers

Birthday Parties

Looking to celebrate a birthday? Our team would love to host your group! We will facilitate a high energy, play-based party experience. Our highly energetic team will take care of set-up, clean-up and facilitate the party experience so that you can celebrate your child the hassle-free way!

All Party Options Include:

1 hour of activity | 30 minutes for cake and gifts to finish celebration
2 party hosts to facilitate the experience
Evite invitation, balloons, and tablecloths

Inflatable Obstacle Course Birthday Party!

This action-packed party is complete with obstacle courses, games, inflatables, scooters, parachute and more!

| | | |
|--------------|-------------------|--|
| Ages: | 3-10 | |
| Days: | Friday & Saturday | |

**Please check website to learn more about available party times and pricing.*

Book Now! genesishhealthclubs.com/birthday-parties

Pool Birthday Party!

Make a splash with our pool party! Pool parties include the use of our pool, games and a dedicated party area.

| | |
|-------------|-------------------|
| Ages | 5+ |
| Days | Friday & Saturday |

**Please check website to learn more about available party times and pricing*

Book Now! genesishhealthclubs.com/birthday-parties

Mighty Camp

The Mighty Camp team is looking forward to spending fun-filled days with your campers! Our goal is to create a safe, energizing, and engaging environment that will enable your camper to make new friends and increase their confidence through learning new skills.

Program Goals

1. To engage, energize and inspire campers to be active
2. To foster personal development, respect for others and build confident capable problem solvers
3. To cultivate positive self-talk within campers
4. To develop skills in sport-specific areas while having FUN!

