# **Kids Club**

The Kids Club department offers exceptional care. On any given day, you will find many children engaged in age-appropriate activities that are fun and inviting. We are confident that you will find our department exceptionally clean, organized, bright, and cheery! We staff our rooms to meet the needs of many children from ages 6 weeks - 12 years old.

Parents must remain on the premises while their children are under our care. For more information contact Georgia Hecox, Kids Club Coordinator, 402.691.8546 | Georgia.hecox@genesishealthclubs.com

# **Kids Club Visits & Pricing**

One childcare visit | 2 hours per day

Cost Single visit - \$5 per child

Included for children on the family membership.

## **Kids Club Guidelines**

- In the event of an emergency or need, parents will be located by a Team Member.
- Personal belongings are welcome and should be labeled with the child's name.
- Please understand that we cannot allow sick children in the childcare.
   Children with any of the following symptoms should stay at home:
   diarrhea or vomiting within the last 24 hours, discolored or runny nose, fever, hacking cough.
- Children may be checked in/out by a parent/guardian only. Additional guardians may be listed upon request.

\*Please refer to your location's specific Kids Club Policies to see a complete list of policies and procedures.

# **Kids Club Programming**

At Genesis we are passionate about helping our members develop a lifestyle that supports their ability to reach health goals and maintain quality of life through every life chapter. We understand that it can be hard to prioritize self-care amongst the various responsibilities of parenting. Our Kids Club Team is here to help! We team creates rhythms and routines that help children feel at home in our care and facilitate quality programming that engages children and leaves them looking forward to their next visit!



# KIDS CLUB AT GENESIS

132<sup>ND</sup> & CENTER

YOUTH PROGRAMS
CAMPS
PARTIES
UNLIMITED FUN!



5 S. 132ND STREET OMAHA, NE 68144 402-691-8546

Contact Georgia for more info!
GEORGIA.HECOX@GENESISHEALTHCLUBS.COM



# **Toddler and Preschool Age Programs**

Our team facilitates programming to build engagement and connection with children during their stay. Daily programs help children build confidence through knowing what to expect during their time with us. Morning Storytime and songs provide a wonderful opportunity for us to connect as a community and daily Kids Yoga Adventures are a silly and playful way for kids to get their wiggles out, while also increasing their body awareness as the instructor narrates an adventure and the kiddos follow along using body movement to tell the story.

Storytime | Monday - Thursday at 10:00am

In addition to daily programs, please check-in with your local Kids Club Team to learn about special themed monthly activities!

# **School Age Fitness Programs**

#### **Kids Fit**

Designed to inspire youth to be active for life! Weekly classes are a great way to add physical activity into your child's schedule. This hour-long class is packed with fun activities to get your child moving, while introducing them safely to the fundamentals of exercise. The best news? This program is included when children are added to their parent's membership! While you are taking the much-needed time to invest in your personal health and wellbeing, your child will have a blast improving their own health too!

Saturdays | 10:00am Sundays | 11:00am

\*Please refer to your location's website and Kids Club Team to learn more about the Kids Fit offerings at your specific location.

genesishealthclubs.com/locations/132nd-center

# **Additional Youth Programming**

### **Parents' Night Out**

1 night each month! Take the night off! We'll take care of the kids!
\*Please note: Event requires a minimum enrollment of 5 kids to run.
Event Includes: Epic obstacle courses, games, swimming, pizza dinner with dessert, and a new movie premier!

Please refer to our website for specific dates and times. genesishealthclubs.com/locations/132nd-center.html

Registration 24 hours in advance at the front desk.

#### **Birthday Parties**

Looking to celebrate a birthday? Our team would love to host your group! We will facilitate a high energy, play-based party experiences. Our highly energetic team will take care of set-up, clean-up and facilitate the party experience so that you can celebrate your child the hassle-free way!

#### All Party Options Include:

1 hour of activity | 30 minutes for cake and gifts to finish celebration 2 party hosts to facilitate the experience Evite invitation, balloons, and tablecloths

Check out our website to learn more about party pricings, days, times and to make reservations.

## **Slamming Sports Birthday Party!**

This action-packed party is complete with obstacle courses, games, inflatables, scooters, parachute and more!

**Book Now!** Genesishealthclubs.com/birthday-parties

# **Pool Birthday Party!**

Make a splash with our pool party! Pool parties include the use of our pool, games and a dedicated party area.

**Book Now!** Genesishealthclubs.com/birthday-parties



#### **Mighty Camp**

We are so excited to offer MIGHTY CAMPS, an established and highly reputable summer camp program from our CO region. Read on to learn more about Mighty Camps!

The Mighty Camp team is looking forward to spending fun-filled days with your campers! Our goal is to create a safe, energizing, and engaging environment that will enable your camper to make new friends and increase their confidence through learning new skills.

#### **Program Goals**

- 1. To engage, energize and inspire campers to be active
- 2. To foster personal development, respect for others and build confident capable problem solvers
- 3. To cultivate positive self-talk within campers
- 4. To develop skills in sport-specific areas while having FUN!

Please Check out our camp website at: genesishealthclubs.com/camps

