

STUFF HAPPENS!



KIDS CLUB AT GENESIS

O STREET

YOUTH PROGRAMS
FITNESS
LEARNING
UNLIMITED FUN!



6140 O STREET LINCOLN, NE 68505 402-466-3191

Contact Angelina for more info!
ANGELINA.NAHORNY@GENESISHEALTHCLUBS.COM



Kids Club

The Kids Club department offers exceptional care. On any given day, you will find many children engaged in age-appropriate activities that are fun and inviting. We are confident that you will find our department exceptionally clean, organized, bright, and cheery! We staff our rooms to meet the needs of many children from ages 6 weeks - 12 years old.

Parents must remain on the premises while their children are under our care. For more information contact Angelina Nahorny, Kids Club Coordinator, 402-466-3191 | angelina.nahorny@genesishealthclubs.com

Kids Club Visits & Pricing

One childcare visit | 2 hours per day

Cost Single visit - \$5 per child

Included for children on the family membership.

Kids Club Guidelines

- In the event of an emergency or need, parents will be located by a Team Member.
- Personal belongings are welcome and should be labeled with the child's name.
- Please understand that we cannot allow sick children in the childcare.
 Children with any of the following symptoms should stay at home:
 diarrhea or vomiting within the last 24 hours, discolored or runny nose, fever, hacking cough.
- Children may be checked in/out by a parent/guardian only. Additional guardians may be listed upon request.

*Please refer to your location's specific Kids Club Policies to see a complete list of policies and procedures.

Kids Club Programming

At Genesis we are passionate about helping our members develop a lifestyle that supports their ability to reach health goals and maintain quality of life through every life chapter. We understand that it can be hard to prioritize self-care amongst the various responsibilities of parenting. Our Kids Club Team is here to help! Our team creates rhythms and routines that help children feel at home in our care and facilitate quality programming that engages children and leaves them looking forward to their next visit!

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Toddler and Preschool Age Programs

Our team facilitates programming to build engagement and connection with children during their stay. Daily programs help children build confidence through knowing what to expect during their time with us. Morning Storytime and songs provide a wonderful opportunity for us to connect as a community and daily Kids Yoga Adventures are a silly and playful way for kids to get their wiggles out, while also increasing their body awareness as the instructor narrates an adventure and the kiddos follow along using body movement to tell the story. This programming will happen once during our morning shift and once during our evening shift.

In addition to daily programs, please check-in with your local Kids Club Team to learn about special themed monthly activities!

School Age Fitness Programs

Kids Fit

Designed to inspire youth to be active for life! Weekly classes are a great way to add physical activity into your child's schedule. This hour-long class is packed with fun activities to get your child moving, while introducing them safely to the fundamentals of exercise. The best news? This program is included when children are added to their parent's membership! While you are taking the much-needed time to invest in your personal health and wellbeing, your child will have a blast improving their own health too!

*Please refer to your location's website and Kids Club Team to learn more about the Kids Fit offerings at your specific location.

Additional Youth Programming

Parents' Night Out

1 night each month! Take the night off! We'll take care of the kids! *Please note: Event requires a minimum enrollment of 5 kids to run.

Event Includes: An awesome themed craft, games, pizza dinner with dessert, and a movie premier!

Dates: For specific date and time information please see our website or ask our club's Kids Club Coordinator

Cost: Member \$20 (\$15 per additional child) | Non-Member \$25 (\$20 per additional child)

Registration is open 24 hours in advance

To register find the sign up link at genesishealthclubs.com/locations/o-street/kids-club