



AQUATICS

BABY & ME SWIM CLASSES **AGES 6 MONTHS TO 3 YEARS**

MONDAY'S & FRIDAY'S FROM 11:00AM-11:30AM
EVERY SATURDAY FROM 10:45AM-11:15AM

This class builds basic water safety skills for both parents and children in the water, helping infants and young children to become comfortable in the water. Parents and children will learn these basic skills including adjusting to the water environment, learning how to be comfortable being on stomach and back position in the water, demonstrating breath control including blowing bubbles and/or voluntarily submerging underwater. Come and have fun with us in the water! SWIM DIAPER IS REQUIRED.

To sign up you and your baby please contact:

Janene Parton at 601-481-5532 or Mary Frazier at 816-294-4573

